

# **MT. PLEASANT RECREATION**

## **INDOOR SOCCER RULES**

1. No off-sides at any time during the game.
2. No sliding or slide tackles. There is no sliding allowed - players must remain on their feet at all times. Opposing team will get a free kick on the spot.
3. The goalie may slide when making a save, inside the goal box only.
4. The goal box is anywhere inside the three point line.
5. Goalie can't kick the ball past the red volleyball line on the defending teams side of the court. If it does the opposing team gets a free kick on that line.
6. Hard fouls will be a two minute rest period and the player must sit out. The team will play shorthanded for two minutes.
7. For every six fouls committed there is a penalty kick.
8. Teams must have one girl on the field at all times.
9. If the ball hits the ceiling the opposing team will get a free kick from the closest red line.
10. White lines are out of bounds.
11. All players are required to wear shin guards.
12. Penalty Kick- start at the top of the three point line, everyone else behind the half court line. Can either dribble in or take a direct kick.
13. You can pass back to the goalie but the goalie can only play the ball with their feet. If the goalie picks the ball up on the intentional pass then it is a hand ball.
14. Kick In(Throw In-everything is kicked in) – A player shall place the ball on the ground on or behind the sideline and proceed to take the kick following the rules of an indirect free kick. The ball shall be in play immediately after it has crossed over the line, and may be played by any player except the one who executes the kick in. The opposing team has to be at least 3 ½ ft away from the ball
15. Can not score on a kick in, has to touch someone first
16. On a free kick the opposing team can line up no less than 15 ft from the ball.
17. All other rules will follow the official FIFA rules of soccer.
18. Duration of games as follows:

DIVISION	# OF PLAYERS	TIME	OFF SIDES
1 <sup>st</sup> – 2 <sup>nd</sup> Grade	5	Twenty (20) Min Practice/ Two (2) 15 Min Halves	No
3 <sup>rd</sup> – 4 <sup>th</sup> Grade	5	Twenty (20) Min Practice/ Two (2) 15 Min Halves	No
5 <sup>th</sup> – 6 <sup>th</sup> Grade	5	Fifteen (15) Min Practice/ Two (2) 20 Min Halves	No
7 <sup>th</sup> – 8 <sup>th</sup> Grade	5	Fifteen (15) Min Practice/ Two (2) 20 Min Halves	No

Each game will have a Two (2) minute Halftime.