MT. PLEASANT CITY RECREATION

JR. JAZZ BASKETBALL 1ST - 2ND GRADE

BASIC RULES & FUNDAMENTALS

WE WILL MEET AT THE OLD HIGH SCHOOL GYM

SCHEDULE

**Mon. Jan. 9, 2017 Mon. Jan. 16, 2017**

7:45 Dribbling (Both hands) 7:45 Passing

8:05 Games 8:05 Games

**Mon. Jan. 23, 2017 Mon. Jan. 30, 2017**

7:45 Lay-ups (Both sides) 7:45 Free Throws

8:05 Games 8:05 Games

**Mon. Feb. 6, 2017 Mon. Feb. 13, 2017**

7:45 Rebounds 7:45 Defense

8:05 Games 8:05 Games

* **MONDAY NIGHTS**

This league will consist of a 20 minute fundamental workshop for each scheduled day and then we will divide up to play a basketball game to practice the skills they have learned.

**NOTE: All players must bring a clean pair of shoes to change into before they will be able to participate.**